

Edith Hurt

Senior *beyondblue* facilitator

New South Wales



Edith Hurt has delivered *beyondblue*'s National Workplace & Social Enterprise Portfolio to a wide range of industries since 2004 including the public sector, healthcare, scientific, energy, transport, professional services, rural, emergency services and the professional sports sector.

Qualifications

Master Project Director –Aust Institute of Project Mgt
Management Diploma - Deakin University
Registered Nurse

Membership

- International Positive Psychology Assoc

Edith has a background in health and business management. Initially a registered nurse, Edith studied psychology and moved into business analysis, project & change management and then senior management in large corporations in the financial services industry. She now provides independent business and HR consulting services to a wide range of organisations across government, not-for-profit and the commercial sectors. Her industry experience includes financial services, international logistics, pharmaceutical, health, education, law & emergency services.

Edith specialises in strategic planning, corporate social responsibility programs, coaching and positive problem solving for individuals, communities and organisations, with a focus on building resilience, optimism and creativity.

With a unique insight into the relationship between occupation and health, Edith is a sought after conference chair and public speaker, presenting regularly on occupational health, wellbeing, psychological injury, workplace stress, positive psychology, emotional intelligence and stress management.

Programs accredited to deliver

- National Workplace Program
- Rural Frontline
- Mental Health Drought Initiative
- Community



National Workplace & Social Enterprise